

Branching Out

ISSUE 1,

What's Coming Up

June 15 – August 31

Hunger Doesn't
Take a Vacation

August 1 – 31

Operation
Fill-A-Backpack

September 29

Touch-A-Truck

November 2

Moorestown
Progressive Dinner

Inside

Page 2

Mental Health-
Do More for 1 in 4
Hunger Doesn't
Take a Vacation

Page 3

Twin Oaks Scrapbook
Twin Oaks
Social Media

Page 4

Foster Care
News Flash
Diaper Derby Results

Page 5

Haddonfield
Progressive Dinner
Thank You

Advancing Our Mission

Six months in! As many of you know, on January 1, Family Service merged with Steininger Behavioral Care Services to form Twin Oaks Community Services. With any big change, each day brings new challenges. From the merger we hoped to gain best practices and work toward providing the best care possible for the people we serve. I strongly believe we are well on our way to accomplishing this goal!



The most frequent question I receive is, "Why the new name?"

The name Twin Oaks Community Services represents our deep **roots** in the community, unique **branches** of service and opportunities for **growth**. With over 1,250 employees and 100 programs with locations in 9 counties, Twin Oaks is one of New Jersey's largest human service providers.

What excites me most about the whole merger process is that the partnership gives **MORE** children, adults and families access to caring behavioral health services. Ensuring the people we serve receive the same quality services they were accustomed to receiving remains our top priority.

The support we continue to receive from the individuals we serve, employees, Board of Trustees, donors, volunteers and partners reminds me of the overwhelmingly positive impact the merger has on the community at large. I can't thank you enough for your willingness to embrace and adapt to the change as we venture into unknown territory.

Moving forward we hope you will continue to share our story. Please check out the following ways you can stay connected to Twin Oaks:

- 1. Visit our new website-** www.twinoakscs.org
- 2. Sign up online to receive emails-** stay up to date with new ways to get involved.
- 3. Subscribe to the Twin Oaks blog-** read success stories, accomplishments, challenges and more!
- 4. Support us through social media-** like the new Twin Oaks Community Services Facebook page and follow us on Twitter!



Thank you for joining us on our journey and believing in our mission,



Bob Pekar
Chief Executive Officer



Do More for 1 in 4

Who's your 1 in 4? Do you know a family member, friend, veteran, or co-worker quietly struggling with depression, anxiety, post-traumatic stress disorder (PTSD), substance abuse or another mental health issue?



This May, Mental Health America launched the Do More for 1 in 4 campaign- a call to action to help the 1 in 4 Americans who live with a diagnosable, treatable mental health condition (NIMH, 2005). The campaign provides people with the information they need to recognize a mental health disorder, how to find treatment and how family and friends can be supportive.

Mental health disorders are common, treatable, and many individuals go on to recover and lead full and productive lives. Unfortunately, many people are reluctant to ask for help or simply don't know where to find it. Connecting to community resources helps reduce isolation, and increases each individual's ability to make healthy choices.

We Can Help! Twin Oaks provides over 100 behavioral health programs for vulnerable children, adults and families in our community. Outreach services give adults living with mental illness the opportunity to manage their illness through supportive counseling, housing, vocational assistance, family support, medication education and crisis intervention.

Living with and recovering from a mental health disorder can be difficult, but understanding and assistance from others can make it easier. Together we can do more to help the 1 in 4 Americans who live with a mental illness.

Visit www.twinoakscs.org for more information.

Did You Know?

- Mental health disorders are the leading cause of disability in the U.S.
- An estimated **26.2%** of Americans ages 18 and older (**about 1 in 4 adults**) suffer from a diagnosable mental health disorder in a given year. That's almost **60 million** people!
- Over **50%** of individuals living with a mental illness never seek or receive help due to stigma, lack of information, cost or **lack of health insurance coverage**.

Hunger Doesn't Take a Vacation

Summer is right around the corner, which means sunshine, beach trips and barbecues. Unfortunately, for many children in South Jersey, summer means not having enough to eat. Families in need rely heavily on schools' free/reduced breakfast and lunch programs. Children are put at risk of malnutrition during the summer months when families lose access to these programs.

YOU CAN HELP! Ways to get involved:

- **Too busy to shop?** Donate online with a click of a button! Visit www.twinoakscs.org.
- **Run your own food drive!** Gather friends, family and co-workers to help. Visit the food pantry page at www.twinoakscs.org for tips.
- **Spread the word!** Each person you tell could mean more food for children in need.

Drop off food or mail monetary donations to:

Twin Oaks Food Pantry
770 Woodlane Road, Suite 16
Mt. Holly, NJ 08060

Donate online at www.twinoakscs.org!



Donation Ideas

- Pancake Mix
- Syrup
- Canned Fruit
- Hot/Cold Cereal
- Crackers
- Macaroni & Cheese
- Fruit Juice
- Breakfast Bars
- Bottled Water
- Peanut Butter/Jelly
- Canned Tuna
- Raisins
- Canned Pasta
- Applesauce
- Pop Tarts
- Microwave Meals
- Powdered/Canned Milk

Scrapbook



Volunteers from Burlington County Chamber of Commerce's Young Professionals Network help unload 2,689 pounds of food, stock shelves and fill bags for our Food Pantry.



The Burlington County Times featured the beautiful artwork of Ebony Randall, a Twin Oaks consumer.



Thank you to Local Girl Scout Troop #24105 for holding a fantastic food drive for the Twin Oaks pantry.



Employees at GlaxoSmithKline and TeamBuilding built adorable Teddy Bears for our Fish Pond Group Homes.



Gentle Harbor Group Home residents participate in a service project to add a garden to their backyard.

Connect with us on Social Media!



Find Twin Oaks on Facebook, Twitter and Flickr to learn about upcoming events, donation drives, success stories and more!



FOSTER CARE NEWS FLASH: Enhance the Life of a Child... And Your Own!

Got Love? This May during National Foster Care Month, the Twin Oaks Foster Home Program saluted the compassionate individuals and families who enhance the life of a child and their own by serving as foster parents. Thanks to these



dedicated individuals, many formerly abused or neglected children and teens will either positively reunite with their parent(s), be cared for by relatives or be adopted by loving families.

Got Love?

Become a Foster Parent!

1-877-FOSTER YES
www.FosterYes.org

All children deserve a safe, happy life- including nearly **8,000 foster children in New Jersey**. Foster parents offer comfort, provide support, give advice and share milestone moments. They can be the difference between triumph and tragedy for a child. With love and guidance, many of these resilient children become productive young adults with a new outlook on life.

Clara, a foster parent since 2001, says, "The most rewarding thing about being a foster parent is seeing progress in children. When I hear children going through the house singing, it makes me feel good that they're on their way to being happy."

During May and throughout the year, Twin Oaks Foster Home Program recognizes the importance of educating communities across New Jersey about foster care. If you are willing to provide a safe, loving home for children or teens, please consider becoming a foster family!

Got Love? You have the power to make a positive impact on the life of a young person in foster care! Visit www.FosterYes.org or call **1-877-FOSTER YES** to speak to a recruiter.

Thank you! Twin Oaks Reaches Diaper Derby Goal

On behalf of the youngest, most vulnerable members of the community, **THANK YOU** for joining us in our race to collect 10,000 diapers. Your generous donations totaled **11,237** diapers and other baby items for families in need!



GRAND TOTAL:

11,237 Diapers!

Families like Tina's...

Tina began counseling at Twin Oaks after escaping an abusive relationship. She works two part time jobs to take care of her three small children ages 4, 2 and 1. Along with work, she also recently started classes at her local community college. When Twin Oaks staff gave Tina the diapers from the drive, she could not stop smiling! She shared with staff, "I was really struggling to make things work. These diapers came at just the right time for my family. Now I feel better about spending money on books this semester."

For more ways to get involved visit www.twinoakscs.org



3RD ANNUAL

2012 Twin Oaks COMMUNITY SERVICES HADDONFIELD PROGRESSIVE DINNER

Thank You

To Everyone Who Helped
Make The Event A Success!



2012 Dinner Hosts



Jodi and Drew Duffy with Bob Pekar, CEO

OUR SINCERE GRATITUDE GOES TO

Hors D'oeuvres Hosts
Drew and Jodi Duffy

Dinner Hosts

David and Catherine Earp
Robert and Wendy Grady
Mario and Arleen Iavicoli
Scott and Lauren Kegler
Scott Miller and Amy James
Vincent Smart and Terri Foreman

Dinner Chefs

Chef Markese Beverly
The ChopHouse, Gibbsboro

Chef Gilbert Guinoiseau
Personal Chef, Haddonfield

Chef Jonathan Jernigan
Cathedral Kitchen, Camden

Chef Natalie Palles
Palles Events, Sicklerville

Chef Pedro Reyes
Casona, Collingswood

Chef Mark Rooks
Rent-A-Chef, Haddonfield

Chef Peter Severino
Severino Pasta Company, Westmont

Chef Bryan Thoman
Brio Tuscan Grille, Cherry Hill
Sensational Host Catering, Inc.,
Maple Shade

Platinum Sponsor



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Johnson, Kendall & Johnson, Inc.

Kennedy University Hospital

Lammy & Giorgio

Moorestown Mall

Susquehanna Bank



Bill and Pamela Lee with Jim and Maureen Eyles



Chef Jonathan Jernigan of Cathedral Kitchen



Guests at the home of Lauren and Scott Kegler



Twin Oaks COMMUNITY SERVICES

A Merger of Family Service & Steininger

Family Service and Steininger
recently merged to form
Twin Oaks Community Services!

Learn More Inside!



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Stay Connected with Twin Oaks www.twinoakscs.org

If you or someone you know needs our care, please call our confidential point of entry: Access Center 1-800-963-337

Twin Oaks Community Services, a merger of Family Service and Steininger, provides behavioral health and social services to vulnerable children, adults and families throughout New Jersey.

Nonprofit Org.
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Bellmawr, NJ



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