

Growing With Purpose

2022 ANNUAL REPORT

Our Mission

is to empower and support individuals and families to achieve emotional and physical wellness by providing quality health and social services.

Our Vision

is to build healthy, strong communities.

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Growing With Purpose

OUR MESSAGE

At a time in our nation when the need for mental health and addiction services continues to rise, we commit to growing with purpose to help those who need it most.



To meet this critical need, we're purposefully expanding mental health, addiction and developmental disability services to vulnerable children, adults and families. And taking it one step further by purposefully working together as a team for the common good to strengthen the fabric of our communities.

We've come a long way since our humble beginnings in the 1960s, yet our mission and commitment to those we serve remains the same. Our story started with compassion and has grown by responding to the greatest needs of the communities around us. Whether it's providing addiction services to combat the opioid epidemic, focusing on integrated care to treat the whole person, or offering basic human needs such as housing and food – we understand what it means to grow with purpose.

In 2022 we continued to improve access to treatment and offer a stronger continuum of care. We're proud to announce the expansion of the Certified Community Behavioral Health Clinic (CCBHC) to Burlington and Cumberland Counties in addition to continued funding for Mercer and Camden Counties. The CCBHC is more than a program – it is a holistic model that exemplifies the true meaning of integrated care for individuals with behavioral health and substance abuse challenges by addressing social, environmental and physical health needs.

Our success as an organization is rooted in strong relationships with community groups, local officials, law enforcement, healthcare partners, faith-based organizations and other nonprofit providers. And of course, none of it would be possible without our dedicated team who demonstrate resiliency, empathy and patience every day. In the past year, our essential employees have gone above and beyond to provide compassionate care to over 40,000 people throughout New Jersey.

As you'll see in the pages of our 2022 Annual Report, we firmly believe that our mission would not be possible without our special donors, volunteers, partners and staff. On behalf of our Board of Trustees, thank you for your unwavering support. We're filled with hope for the future and look forward to growing purposefully together for years to come.

With great appreciation,

Derry Holland Chief Executive Officer

Dury Hollan

Marianne Aleardi Chair, Board of Trustees

Phanane aleans



For the young mom recovering from addiction in search of housing...

For the caretaker looking after a family member living with mental illness...

For the family struggling to put food on the table and afford medications...

40,000

+ 1,843DEDICATED EMPLOYEES

Rooted in Your Community

There is hope. Oaks offers over 230 health and social service programs throughout New Jersey for people living with a mental illness, developmental disability or addiction. By focusing on integrated care, we can begin to treat the whole person to achieve both mental and physical wellness.

Each day, our services give individuals the opportunity to make healthy choices in a caring, welcoming environment. And most importantly, the support system, coping skills and community resources necessary to reach their fullest potential.

CORE SERVICE AREAS

- Counseling
- Crisis and Early Intervention
- Case Management
- Substance Abuse Treatment
- Partial Care
- In-home and Community Based
- Developmental Disabilities Services
- Residential Services

CARF Accreditation

In 2022, Oaks once again received a successful review and three-year accreditation from the Commission on the Accreditation of Rehabilitation Facilities (CARF) International for our behavioral health and youth services programs. CARF International is an independent, nonprofit accreditor of health and human services.

The accreditation team peer reviewed over 40 programs representing service areas including mental health, addiction, residential, crisis, case management, outpatient and partial care. They interviewed clients and family members; toured facilities and observed operations; and reviewed records, policies and financial statements.

The surveyors' report highlighted numerous areas of strength including Oaks programs as "well known across the region it serves in New Jersey for providing quality care to clients with high-level service needs." It also indicated "clients consistently expressed appreciation and gratitude for the clinical staff members for supporting their recovery process without judgment."

"One of my consumers, Peggy, is a school bus driver working for an independent contractor. Unfortunately, she is not permitted to apply for unemployment per the law, so when she is off for summer vacation or breaks, there is no paycheck. The Oaks Food Pantries are a lifeline for Peggy to ensure she has enough food to support her family during difficult times."

— Pat Zimmerman, Oaks Housing Counselor

PROGRAMS COUNTIES SERVED **GROUP HOMES** SUPPORTIVE HOUSING RESIDENCES FOOD PANTRY HOUSEHOLDS SERVED

5

CCBHC Takes A Holistic Approach to Care

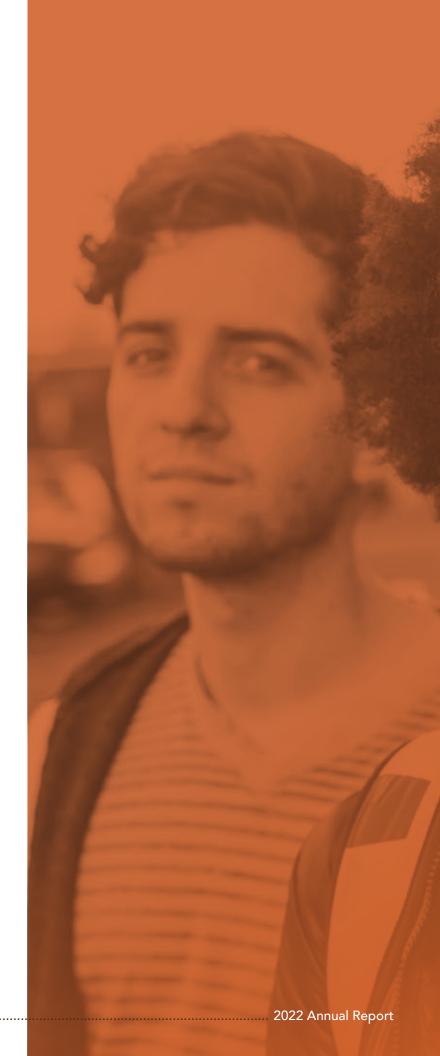
After successfully launching Certified Community Behavioral Health Clinics (CCBHC) in Mercer County in 2017 and Camden County in 2020, the Substance Abuse and Mental Health Services Administration (SAMSHA) awarded Oaks an expansion grant in 2022 that includes both Burlington and Cumberland Counties.

CCBHC is more than a program – it is a model that exemplifies the true meaning of integrated care. The holistic model provides a centralized point of contact for individuals with behavioral health and substance abuse challenges to obtain treatment as well as address social, environmental and physical health needs.

For example, a mother recovering from an addiction can receive not just substance abuse treatment, but also mental health counseling, help with parenting skills and connection to basic needs such as housing, food, job training and primary medical care – a one stop shop.

Our goal is to improve access to treatment, address gaps in services and break down barriers to care for individuals who often get lost trying to navigate the healthcare system. The network of care includes:

- Medication Assisted Treatment (MAT)
- Ambulatory detox
- Case management
- Outpatient counseling
- Supportive housing
- Crisis stabilization





Medication Assisted Treatment Expands

As the opioid epidemic continues to ravage communities across the nation, our goal is to offer individuals hope for long-term recovery and a chance to end the revolving door of treatment. Right in our own backyard, we have seen an increase in overdose rates in New Jersey within the past year due to the presence of fentanyl and other synthetic opiates that are much more lethal and present in the substances being used.

With a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), Oaks expanded the Medication Assisted Treatment (MAT) program in Burlington, Camden and Mercer Counties. Medication Assisted Treatment (MAT) treats individuals in recovery with medications such as Suboxone and Vivitrol. These lifesaving medications are managed in collaboration with the individual based on personal treatment goals.

The new funding allows Oaks to meet the increased need for treatment by serving over 600 individuals in a five-year period. When partnered with the right resources such as housing, therapy and other co-occurring mental health services, MAT becomes an opportunity for individuals to lead a healthy, sober life.

"Because of my substance abuse,
I was never able to do normal things
such as maintain employment. I was struggling
with legal issues and on the verge of becoming
homeless. The program helped me through recovery
with coping skills, processing past trauma and rebuilding
my relationship with my girlfriend. I was prepared to go
away to prison but thanks to the progress and positive
changes I made, the judge allowed probation
and a chance for a future."



Diversity, Equity, Inclusion and **Belonging: Taking Action**



The Oaks Racial Equality and Social Justice Coalition started the year with one important question, "How can we be part of the solution to end systematic racism in our society?" In 2022, the Coalition identified and implemented action steps needed to be part of the change we want to see in our organization and the greater communities we serve. The group, consisting of diverse members from across the organization, focused on three main goals:

- 1) Conduct organization-wide training on diversity, inclusion and racial equality.
- 2) Improve healthcare disparities by identifying opportunities to improve care.
- 3) Reduce police brutality and excessive force through relationships and training with community law enforcement.

In addition to the Coalition's work, our Justice Involved Services and Integrated Case Management teams renewed partnerships with community law enforcement officers by participating in Crisis Intervention Training (CIT). The training is designed to improve firstresponder interactions with persons living with mental health and addiction disorders. Moving forward, the Coalition remains dedicated to creating a better tomorrow, free of the hate and inequities that divide us.

PEACE Squad Offers Safe Space for Oaks Employees

Keeping lines of communication open across our organization by providing employees with an emotionally safe space to share their experiences is a top priority. This ultimately allows our team to better support the individuals we serve with compassion. The PEACE (Personal Emotional and Compassionate Experience) Squad, a subcommittee of our Healing Centered Committee, helps support employees coping with stressful events.

In 2022, the PEACE Squad offered employees support through confidential, judgement-free monthly drop-in sessions on topics such as:

- Witnessing a violent incident
- Death of a team member
- Series of stressful events which have a cumulative effect
- Community stressors
- Natural disaster
- Work/life balance
- Adapting to change
- Social injustice

In 2023, the group plans to continue conversations about social justice and how to manage emotions. Other relevant topics include pandemic fatigue, burnout, microaggressions, pronouns and morale boosters.

"The two things that keep me deeply committed are hope and change that I believe we have embraced at Oaks. Hope is a mindset and change only happens with the action steps we take."

 Brenda Brown-Goggins,
 Chief of Quality and Health Integration and Racial Equality and Social Justice Coalition Sponsor

Increased Support for Trenton School District

Peer pressure, trauma, violence, poverty, substance abuse – many youth in urban environments experiencing challenging behaviors struggle with issues beyond their capacity to resolve. Unfortunately, these chronic and pervasive problems are often complicated by learning disabilities and unaddressed mental health needs.

To meet this growing need, the NJ Department of Children and Families awarded Oaks a grant to expand our School Based Youth Services Program (SBYSP) to seven middle and high schools in Trenton. SBYSP provides free health and social services with the goal of helping students finish their education, obtain skills leading to employment or continuing education, and graduate healthy and drug free.

SERVICES INCLUDE:

- Mental health counseling
- Employment counseling
- Substance abuse education/prevention
- Learning support
- Preventive health awareness
- Pregnancy prevention programs
- Primary care linkage
- Healthy youth development and recreation
- Referral to community programs

Our primary focus is addressing the profound impact that grief and loss has on students which only increased during the pandemic. We facilitate a girl's group in one of the high schools that explores peer influence and how to establish healthy relationships. In the middle schools, we established LGBTQ groups for youth exploring their sexuality/gender identity and their allies. Research has indicated that these groups decrease dropout rates, decrease suicidality among students, and increase school attendance and performance.

Trainings such as "Why Try" give SBYSP team members creative strategies to help motivate students and increase academic success through skill building. We also assist with graduation celebrations and offer a variety of activities to expose youth to experiences they may not have had the opportunity to explore such as Broadway shows and amusement parks.

Perhaps most importantly, staff have identified special needs for students such as a blow-up mattress for a homeless youth that had been couch surfing at friends' homes; food for families experiencing food insecurity; and linkages to other financial resources to assist with utility and rental expenses. This holistic approach to youth mental health services continues to make a profound impact in the heart of the communities we serve.

Looking forward to 2023, we're excited to expand school-based trauma informed support services to Camden County through a SAMHSA funded collaborative initiative with the Camden County Educational Services Committee to provide mental health care in schools throughout the community. The innovative pilot program is one of just four grants awarded across the country.



DONATION DRIVES

In 2022 you generously donated

2,100
THANKSGIVING
MEALS

9,000

HOLIDAY
GIFTS

1**1**1

FAMILIES AND GROUP HOMES SPONSORED

1 201

STUFFED BACKPACKS

Because of You

Thank you for believing in our mission and giving back to our programs throughout the year. Every gift, no matter the size, makes an impact.

We truly appreciate your ongoing support!

Donor Impact Dinner

Thank you to our generous supporters for joining us at the Moorestown Community House! Attendees learned more about our mission and future initiatives from our team and the families we serve.



Oaks Board Member David Gaskin, Moorestown Mayor Nicole Gillespie and Camden County Commissioner Jeffrey Nash at the Donor Impact Dinner

Touch a Truck

Touch A Truck rolled into Camden for the first time giving kids the opportunity to see, touch and explore their favorite vehicles! Thanks to you, we distributed over 400 backpacks, stuffed with school supplies.



Kids enjoy a fun-filled day at our Touch A Truck event in Camden

Rooted in Community Awards

The 2nd annual Rooted in Community Awards at Grounds For Sculpture honored local heroes and raised over \$125,000 to support essential mental health and addiction services.



Attendees show their support for the Rooted In Community Awards at Grounds For Sculpture

Food Pantries

Food shouldn't have to be a choice! In 2022, our Food Pantries in Mount Holly and Berlin provided over 400,000 pounds of food to 34,000 community members in need of emergency hunger relief.



Holman Automotive volunteers help pack 1,500 Thanksgiving meals for the Oaks Food Pantry

Financial Review

FISCAL YEARS 2022-2021

EXPENSES	Fiscal Year 2022		Fiscal Year 2021	
Adult Community Services	33,429,541	25%	29,194,401	23%
Adult Development Disabilities	20,966,928	16%	20,686,144	16%
Children's Residential Services	12,193,309	9%	12,941,805	10%
Housing Development - Includes Youth	4,398,813	3%	9,515,524	7%
Children and Family Community Services	11,334,177	9%	10,094,030	8%
Addictions Programs	4,869,679	4%	4,996,343	4%
Other Programs	3,903,951	3%	4,173,095	3%
Preferred Behavorial Health	26,280,238	20%	24,304,794	19%
Management & General	13,765,484	10%	13,386,523	10%
Fundraising and Gifts	226,344	0%	92,869	0%
TOTAL	131,368,464		129,385,528	
REVENUE				
Client Revenue	71,653,271	55%	69,899,426	54%
State and Federal Grants				
DMHS	21,122,977	16%	20,156,322	16%
SAMHSA / FEDERAL	7,393,729	6%	6,644,097	5%
DDD	834,125	1%	1,284,458	1%
DCP&P	11,887,906	9%	11,576,774	9%
DCBHS	1,341,288	1%	1,784,894	1%
DCF	5,919,577	5%	5,077,235	4%
County Grants	3,105,433	2%	3,723,100	3%
Other Contracts	1,463,482	1%	4,356,020	3%
Rental Income	5,601,820	4%	4,632,111	4%
Restricted Capital Revenue	365,904	0%	27,908	0%
Fundraising and Gifts	418,933	0%	558,963	0%
TOTAL	131,108,445		129,721,309	

Thank You Donors

We wish to recognize the many corporations, foundations and individuals whose support during 2022 has impacted thousands of individuals and families throughout New Jersey.

TREE CIRCLE \$20,000+

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"We give to Oaks Integrated Care because they are a vital part of keeping our community healthy, happy and safe."

> — Melissa Miller, Miller Transportation



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